What is screen time doing to the children

I was reading an article last night on the subject of screen time. I have included some interesting points to consider:

Those who spend a lot of time being entertained by external sources are not stimulating their creative brain and will not be capable of creating higher incomes.

There is a huge amount of research to show that screen time distorts and damages our children's brains. It also outlines suggested screen time amounts suitable for different age groups.

3-7 year olds - 30 minutes to 1 hour a day.
7—12 year olds 1 hour a day. 12 to 15 year old 1.5 hours a day. And 16+ 2 hours a day.

Now the Olympics are over. How much are you getting?

Mono Olympics

I received this information yesterday. Students, Parents and School Communities are invited to attend the Mono Olympics. Traditionally Monogorilby State School holds an Athletics Day each year but this year we are hosting an Olympics day where students will be placed into teams and compete in fun filled games during an Olympic themed day. Students will be awarded medals for their ingenuity and problem solving skills rather than their speed and strength.

Date: Wednesday the 14th of September
Venue: Monogorilby State School
Program:
9:00 Schools arrive at Monogorilby SS Morning Tea
9:30 Opening Ceremony of Mono Olympics
1:00 Medal and Closing Ceremony

Lunch

1:30 Farewell Schools

Lunch: Monogorilby P&C will offer a menu for Morning Tea and Lunch (A menu will be available for schools to pre-order and will be sent out soon)

We look forward to seeing you then!

We will be taking a bus out there for the day. We will leave the school here at 7:45 and pick up the Boynewood students on the way through. It looks like it will be a great day.

Spelling

We are using a few new techniques for learning our weekly spelling lists. Please ensure your child does these as homework. We are getting some pretty good results so far.

Cheers Andrew

Tuckshop $4.50

Baked potato with ham and cheese, chips and popper. Please pay by Thursday. Thank you.
**English**

We are on our last week of our unit. Students have prepared their draft copy and are spending the last couple of days proofreading their work and adding illustrations. We have also completed our sight word testing, PM reading and spelling testing for the semester.

**Maths**

We are learning all about 2 digit numbers with preps and three digit numbers with grade 2. We are learning to count on and trade using MAB blocks. We are also writing number names and working on correct formation of numbers. In counting we are counting to and from any given number in 2’s, 5’s and 10’s.

**Technology**

We have completed the bottom base of our igloo. Technology sessions allow the children to work together to design and build an object. Last week students worked together to create the base and we had some interesting conversations about how the igloo was going to be stuck together. Tomorrow we are continuing on with the next layer, so we will see if our ideas worked or if we need to go back to the drawing board and rethink… could be interesting!

**Homework**

We have a few little cherubs in our class that are forgetting to do their homework each night. Homework is only their reading book, please take just a few minutes each night to sit down and read with your child.

Mrs Meyer, Mrs Goldie and Mrs Madden.
Community Notices

Dates for the Blue Light Disco for 2016

28th October 2016 (Halloween)
18th November 2016 (Xmas breakup)

These dates are subject to change if there is any unforeseen circumstances.

Our next meeting for the Blue Light association Management Committee Meeting will be 7th June, time: 7 pm at the Mundubbera State School library.

Quote of the week

I exercised once but found out I was allergic to it! My skin flushed and my heart raced I got sweaty and short of breath. Very dangerous!

I won't be eating, I'm not feeling well, but I put some food for you on the table.
Oh, you really shouldn't have bothered.
I didn't. It's a box of cornflakes and a carton of milk.
**Mono Olympics**

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