**Classroom Corner**

This term we are working on poetry. We are reading a variety of different poems and starting to write our own using some well known literary devices.

At the moment in Maths we are working on data analysis and factors and multiples. We are also continuing getting to know our times tables which really are the essential foundation for so many other operations.

**School Fees**

As we move towards the end of the school year please make sure you have paid the school levy. This is for all the resources your child uses throughout the year. If these fees are not paid then you are unable to participate in the resource scheme next year. Our system is cheaper and easier than sourcing your own equipment. If you have any questions, please give me a call.

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**From the Principal’s Desk**

**A bit of useful information**

**Sleep and School-aged Children (6-13 years)**

Children aged six to 13 need 10-11 hours of sleep per night. At the same time, there is an increasing demand on their time from school (e.g., homework), sports and other extracurricular and social activities. In addition, school-aged children become more interested in TV, computers, the media and Internet as well as caffeine products—all of which can lead to difficulty falling asleep, nightmares and disruptions to their sleep. In particular, watching TV close to bedtime has been associated with bedtime resistance, difficulty falling asleep, anxiety around sleep and sleeping fewer hours.

Sleep problems and disorders are prevalent at this age. Poor or inadequate sleep can lead to mood swings, behavioural problems such as ADHD and cognitive problems that impact on their ability to learn in school. **Sleep Tips for School-aged Children**

Teach school-aged children about healthy sleep habits. Continue to emphasize need for regular and consistent sleep schedule and bedtime routine. Make child's bedroom conducive to sleep—dark, cool and quiet. Keep TV and computers out of the bedroom. Avoid caffeine.

**Sick children**

Please remember if your child is not well please keep them at home. There are a number of viruses etc going around both Mundubbera and Gayndah at the moment. We don't want to share it around, and of course children do like to share.

Cheers Andrew

**Tuckshop $4.50**

Tuckshop this week is Spaghetti Bol, chips and a popper $4.50
After this week we only have 4 weeks left of school! Yikes! So much to do and so little time. We have started on our English assessments. They need to analyse a poem and show the rhyming pattern, syllable count and verse structure. Later we will be re-writing the poem and presenting it to the class. They have all done really well so far.

We have welcomed our pre-preps into our classroom on Thursdays which has been lovely. They have fitted in perfectly and I’m sure they will have a wonderful time next year, when they start full time. This week they will be doing necklace beading and some Christmas craft.

Just an extra note to the parents. We had a group discussion the other day about bed times. We discussed as a group how important it was to limit T.V and I-pads before bed and the importance of trying to go to bed early. We are getting to the end of the school year and little bodies are getting tired. However we still have work to complete and swimming lessons to attend, which is going to result in EXTRA tired little bodies. I do understand that we will have days where we will get to bed later than usual. But we did talk about trying to get to bed around 7:30 most nights, so our bodies have time to rest and be ready to rock and roll the next day.

Cheers Angela
I've learned to use meditation and relaxation to handle stress. Just kidding. Chocolate!


dreamt


Mundubbera Junior Cricket
Training Wednesday Afternoons
Martin Love Oval
5:00pm to 6:30pm

Next game day @ Mundubbera
Sat 21st November

P&C - End of Year Books

Once again the P&C are purchasing books for each student to be presented at our end of term night. Could parents please choose a book/books from this month's Book Club to the value of $15 per child and the P&C will foot the bill, as the children's end of year gift. Please mark these book/books with a ‘C’ next to their choice/choices so we can distinguish them from other orders.

Please return all orders to the school by 23rd November.

RAFFLE

1st Prize
Thermomix TM5
Valued at $2089.

2nd Prize  Hamper of Goodies

Tickets - $10 each

Drawn 4th December, 2015

All funds raised are going towards our 2016 School Camp

Contact
Julie 0741 613241
Jen 0741 618101